



Forms:

Complete and print them for your upcoming appointment:

[Tuberculosis Screening](#)

[Ages and Stages](#)

Vaccines:

We recommend the following vaccines:

[Hepatitis A](#)

18 MONTHS OLD

FAQ

My toddler does not listen when I say no. Could there be something wrong with her hearing?

If she is not responding to her name and to other “favorable” things (ie time to eat) then it is worth bringing this up with your pediatrician. More commonly, if you notice she temporarily stops when you say “no” and then continues on with the action, this is normal testing. The all-purpose word “No!” signals her desire for choice and autonomy, and the seeming defiance and negativism of an 18-month-old are actually assertions of an emerging sense of her own identity.

Is it normal for my toddler already to be having tantrums?

Unfortunately, yes. When your child is upset, help him change his focus to another activity, book, or toy. This strategy of distraction and substitution can often calm him.

Age Appropriate Information

Development:

- Your child may be anxious in new situations. Clinging to you is one way for him to express his desire to be with you.
- Praise your toddler for good behavior and accomplishments.
- Keep time-outs and other disciplinary measures brief. In simple language, tell your toddler what he did wrong. When possible, use positive directives as well. Be as consistent as possible when enforcing limits. Remember that the goal is teaching, not punishing.
- Encourage your toddler’s language development by reading and singing to her, and by talking about what you both are seeing and doing together. Books do not have to be “read.” Talk about the pictures or use simple words to describe what is happening in the book. Do not be surprised if she wants to hear the same book over and over. Words that describe feelings and emotions will help your child learn the language of feelings.

Safety:

- Remember that many toddlers are excellent climbers. Make sure to use gates at the top and bottom of stairs. To prevent children from falling out of windows, keep furniture away from windows and install operable window guards on second- and higher-story windows.
- Watch over your toddler closely when she is on stairs.
- Do not leave heavy objects or containers of hot liquids on tables with tablecloths that your child might pull down.
- Keep the number of your local **Poison Control Center (1-800-222-1222)** near every telephone, and call immediately if there is a poisoning emergency. Do not make your child vomit.